Name _____

Saint Vincent de Paul

Saint Vincent de Paul spent his life helping those in need. He helped people who were poor, sick, lonely, and uneducated.

Think of some ways in which you can help a family member or friend. You might help a parent by cleaning up or helping set the table. You might help a sister or brother with a chore. You might spend time with a family member or friend who is sad or lonely.

Fill out the coupons below for family members or friends. Write the name of a family member or friend on each coupon. Then write what you will do to help this person. Once your coupons are filled out, give them to each person to show the way you want to help them. Then they can return the coupons to you when they are ready for your help.

To:

I will help you by:

From:

To:

I will help you by:

From:

To:

I will help you by:

From:

Copyright ©2015 William H. Sadlier, Inc. All rights reserved. May be reproduced for religious education use (not commercial use)